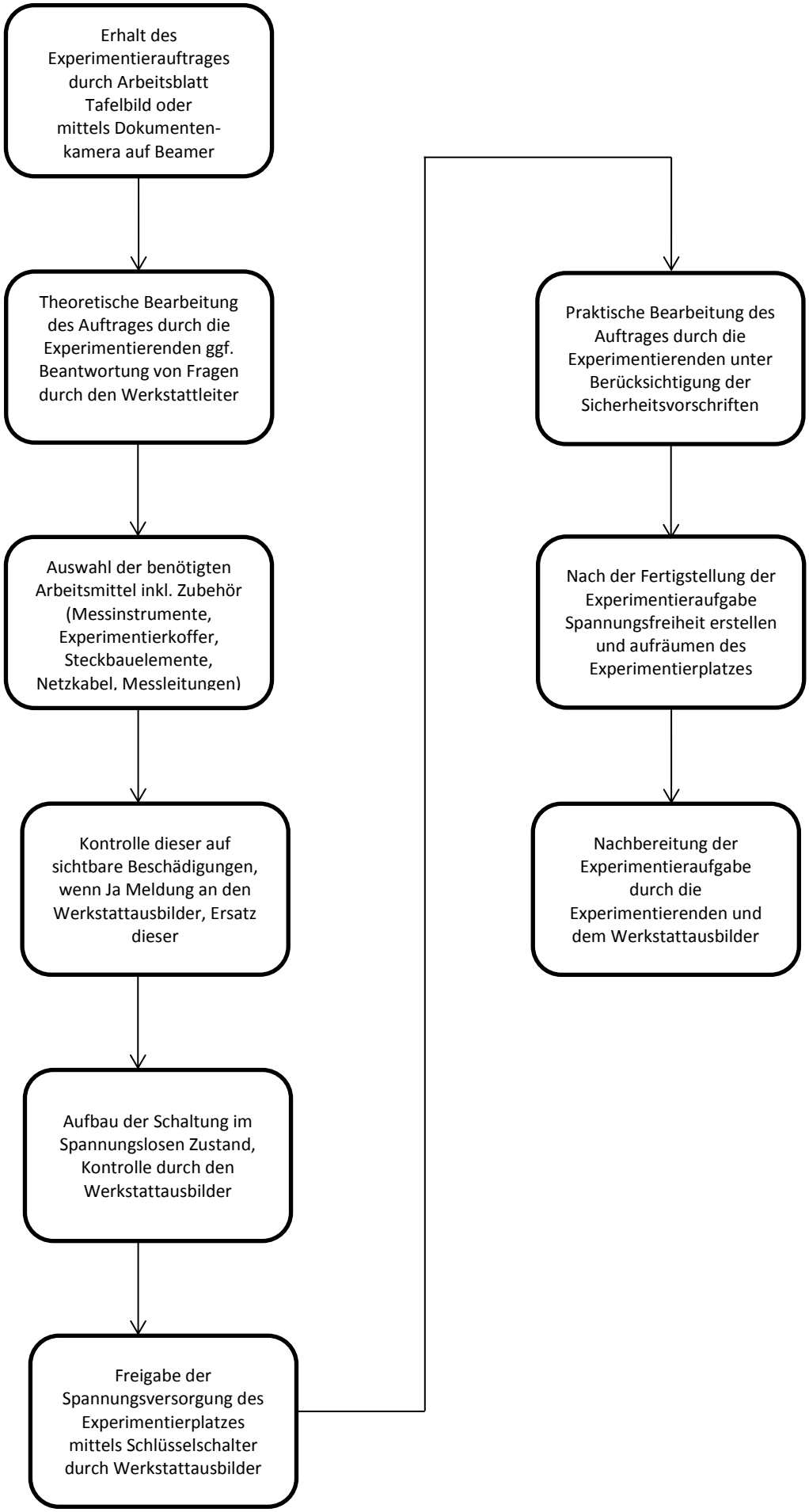Ablauf der Messübungen Allgemein